



HER & HER HENS

based on 4 people

A special package to share with your best friends.

You just wouldn't feel right going this alone when you and your girls usually do everything together.

- » Group health and fitness consultation
- » 6 weeks small group personal training (two 45 minute sessions per week) just you and your hens
- » 6 weeks group nutrition guide packed with yummy recipes and fun girly night ideas
- » Skin analysis and skin care prescription
- » Spa manicure
- » Spa pedicure
- » Make-up lesson for bridesmaids and support in completing their own make-up on the day of the wedding
- » Make-up trial for the bride
- » Make-up application for the bride on the day of the wedding

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Cost: BRIDE - 6 weekly payments of \$142 or a one-off payment of \$850 | BRIDESMAIDS - 6 weekly payments of \$125 per person or a one-off payment of \$750 per person (Package Value \$3900)*