



HER & HER MUM

A special package to share with your mum.

Your mum has been your teacher, your friend, and maybe even your foe; she has been your shoulder to cry on and there is no way you are letting her get away with not supporting you through this too!

- » Joint health and fitness consultation
- » 8 weeks personal training (one 45 minute session per week) just you and your mum
- » 8 week nutrition guide packed with recipes and family meal ideas
- » Skin analysis and skin care prescription
- » Aromatherapy massages - back, neck, shoulder and head
- » Deluxe Manicures
- » 2 x Decléor Aroma Expert facials
- » Make-up trial
- » Make-up application on the day of the wedding
- » Make-up bag for the bride

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Cost: 8 weekly payments of \$127 per person or a one-off payment of \$1015 per person (Package Value \$2500)