

HER BALANCE

Need to regain some balance?

This wedding stuff is exciting but sometimes stressful. The Her Balance plan will relax and rejuvenate even the most stressed bride-to-be.

- » Health and fitness consultation
- » 6 weeks 1:1 personal training (one 45 minute session per week)
- » 6 week nutrition guide packed with nutritionally balanced meals
- » Skin analysis and skin care prescription
- » Full body Aromatherapy massage
- » Decléor Body Essential - de-stress and detox
- » Deluxe manicure
- » Deluxe pedicure
- » Decléor Aroma Expert facial
- » Make-up trial
- » Make-up application on the day of the wedding
- » Make-up bag for the bride

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Cost: 6 weekly payments of \$210 or a one-off payment of \$1260
(Package Value \$1500)