

HER GIRLY GETAWAY

minimum 4 people

Having a getaway with your girlfriends?

Whether it's Vegas or a yoga retreat, Her Master Plan will have you arriving there confident, body ready and all set for an unforgettable holiday.

- » Group health and fitness consultation
- » 6 weeks small group personal training (two 45 minute sessions per week) just you and your girls
- » 6 weeks group nutrition guide packed with yummy recipes and fun group cooking ideas
- » Skin analysis and skin care prescription
 - » Decléor Body Essential - de-stress and detox
 - » St Tropez tan
 - » Bikini wax and underarm wax
 - » Spa manicure
 - » Spa pedicure
 - » Eyelash tint and eyebrow shape
 - » Travel kit
 - » Full body Swedish massage on return

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Cost: 6 weekly payments of \$174 per person or a one-off payment of \$1040 per person (Package Value \$5080)*