



HER HARDCORE

For the woman looking to go hard.

If this is for you, be prepared for big changes to your body composition, your skin, your confidence and the way you feel on the inside and look on the outside. By the time you reach your special day you will walk down the aisle feeling accomplished, looking radiant and being truly satisfied with your hard work.

- » Health and fitness consultation
- » 12 weeks 1:1 personal training (three 45 minute sessions per week)
- » 12 week nutrition guide packed with recipes for hardcore clean eating
- » Skin analysis and skin care prescription
- » 4 x Decléor Aroma Expert facials
- » 2 x Decléor Body Essential - de-stress and detox
- » 2 x Full body Aromatherapy Massages
- » Deluxe manicure and pedicure
- » Eyelash tint, eyebrow tint and shape
- » Waxing for 3 of your chosen areas
- » St Tropez tan
- » Make-up trial and application on the day of the wedding
- » Make-up bag for the bride

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Cost: 12 weekly payments of \$398 or a one-off payment of \$4765
(Package Value \$5175)