



HER PRIMER

To help you choose your very own master plan, Her Master Plan offers this one-off taster package.

- » Health and fitness consultation
- » One 45 minute 1:1 personal training session
- » Nutritional guidance and education
- » Skin analysis and skin care prescription
- » Decl or Express Facial and make-up trial
- » File, buff and polish (fingers or toes)

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Cost: \$300 (Package Value \$500)