



HER BEST SUMMMER

If you are looking to turn heads at the beach this summer, this plan is for you.

Be prepared for big changes to your body composition, your skin, your confidence and the way you feel on the inside and look on the outside.

- » Health and fitness consultation
- » 12 weeks 1:1 personal training (two 45 minute sessions per week)
- » 12 week nutrition guide packed with yummy recipes designed to nourish your skin from within
- » Skin analysis and skin care prescription
 - » 4 x Decléor Aroma Essence facials
 - » 2 x Decléor Body Essential - de-stress and detox
 - » 2 x full body Aromatherapy massages
 - » Eyelash tint, eyebrow tint and shape
 - » Waxing for 3 of your chosen areas
 - » Deluxe manicure
 - » Deluxe pedicure
 - » St Tropez tan

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Cost: 12 weekly payments of \$376 or a one-off payment of \$4505
(Package Value \$4895)